Cramlington School Sport Partnership

Newsletter Autumn Term 2017-18

December 2017

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School Sport Partnership Update

Welcome to the first newsletter of the 5th year of Cramlington School Sport Partnership. This is an exciting year for PE and School Sport, as all schools have had their PE and Sport Premium funding doubled. This Government funding is allowing schools to use PE, sport and physical activity as a tool to improve educational attainment, emotional and physical health and wellbeing. In addition to the full School Sport Partnership programme and support, schools now have additional funding that they can use on more targeted, innovative projects for their pupils.

This year we welcome Cramlington Village Primary School to the Partnership. They have had a busy first term with us, enjoying festivals, CPD and upskilling for staff and new extra-curricular activities for their pupils, all aiming to increase physical activity levels.

In response to the Government's Childhood Obesity Strategy, we are focusing this year on helping schools to achieve 30 minutes of physical activity for every primary school child, by looking at opportunities for active lessons, further development of playground leaders and playground activity, and continuing to try to engage a wider range of pupils in a wider range of extra-curricular activities.

I hope you enjoy reading about what has been happening in the Autumn Term!
Gill

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Cramlington School Games Mark Success

School Games Mark is a national award to recognise and reward schools for their year-round commitment to PE, school sport and the development of competition across their school.

2016-17 was another very successful year for the primary schools in Cramlington School Sport Partnership. Nationally, only approximately 14% of schools achieve the School Games Mark Gold Award, but **86%** of schools in our Partnership have been successful in reaching this level:

Beaconhill: Gold Award (maintained for a 2nd year)
Hareside: Gold Award (maintained for a 2nd year)
Cragside: Gold Award (maintained for a 3rd year)
Northburn: Gold Award (maintained for a 3rd year)
Shanklea: Gold Award (maintained for a 3rd year)
Eastlea: Gold Award (maintained for a 4th year)

Congratulations to all schools and thanks to everyone who has been involved in achieving these awards.

Cramlington & Seaton Valley Sports Awards

In November, we held our third "Cramlington and Seaton Valley Sports Awards". This event was to share and celebrate the achievements of schools across both Partnerships.

The Awards ceremony was held at Astley Community High School, where first, primary, middle and high schools from across Cramlington and Seaton Valley were presented with their School Games Mark certificates and plaques.

In addition to celebrating the School Games Mark achievements of our schools, headteachers, teachers, governors, pupils and parents enjoyed a review of our activities in 2016-17 and an Active Schools presentation which included a demonstration of playground games activities by Y6 sports leaders from Eastlea Primary School.

We also presented 6 special awards throughout the evening to recognise outstanding progress and achievement in specific areas of the School Games and Sport Premium programmes—Improving Health & Well-being, Excellence in Competition, Developing Leadership & Volunteering, Participation in PE & School Sport, Community Impact and Promoting & Demonstrating the School Games Values. Schools were asked to nominate themselves for the different awards, inviting them to reflect on their strengths and achievements both within and beyond the School Sport Partnership programme:

Community Impact
Winners: Whytrig Middle School
Highly Commended: Eastlea Primary School

Excellence in Competition
Winners: Northburn Primary School
Highly Commended: Shanklea Primary School

Participation in PE and School Sport
Winners: Seaton Sluice First School
Highly Commended: Eastlea Primary School

Improving Health and Wellbeing
Winners: Cragside CofE Primary School
Highly Commended: Beaconhill Primary School

Developing Leadership and Volunteering
Winners: Shanklea Primary School
Highly Commended: Hareside Primary School

Promoting and Demonstrating the School Games Values
Winners: Eastlea Primary School
Highly Commended: Seaton Sluice First School

Y2 Playground Games Festivals

As part of our objective to increase daily physical activity to help schools to achieve the 30 minute target, this year we worked with KidzRFit to re-design our Y2 Multiskills Festival to become a Playground Games Festival. In November, all Y2 pupils from **Beaconhill, Burnside, Cragside, Cramlington Village, Eastlea, Hareside, Northburn** and **Shanklea** Primary Schools attended our Y2 Multiskills Festivals, held at Lakeside Centre. The 322 children took part in different fun activities, designed to get children active and be quick and easy to set up in the school playground. French Skipping and Hula Huts were among the favourite activities.

The festival activities were led by Y5/6 Sports Leaders from each school. The 72 Sports Leaders had been specially trained beforehand so they could lead their group around all the different activities, including learning how to do "Boom, Snap, Clap". The leaders had the opportunity to demonstrate their organisation and communication skills, as well as developing their confidence and ability to take on responsibility. They did a fantastic job and helped to ensure that there were plenty of smiles and that all three festivals ran without a hitch.

After the festivals, all schools received a resource with the playground activities on cards which could be used in the playground, as well as some French skipping ropes to use back at school. There is already evidence of impact as activities from the festival can be seen daily in the school playgrounds.

Y4 Rugby Festivals

In October, 269 Y4 pupils from across the Partnership attended our Y4 Tag Rugby Festivals, hosted by Cramlington Rockets' award winning Community department. Pupils took part in a session to learn the basics of playing rugby, led by excellent Sports Leaders from Cramlington Learning Village, followed by an opportunity to play friendly games of tag rugby against the other schools.

Pupils at **Cragside, Cramlington Village Hareside and Eastlea** have also enjoyed extra-curricular Tag Rugby coaching from Rockets Community coaches during the Autumn term. This festival and extra-curricular programme is aimed at up-skilling teachers and helping to prepare pupils for the Level 2 School Games competition, which will be held in the summer term. Coaching will take place at the other schools in the Spring term.

Cramlington Rockets provide rugby coaching for boys and girls aged 2+ as well as multi-sport holiday camps for 5-11 year olds run by award winning coaches. For further information please contact Steve Beaty:07984630083 or email rocketscommunity@gmail.com

Y3 Hoopstarz Festivals

Y3 pupils from all 8 schools attended half day Hoopstarz Festivals, held at Blyth Sports Centre in November and led by our friends from KidzRFit. At the festivals pupils practised hula hooping skills and tricks and played games requiring coordination, balance and cooperation to work with others. Pupils had to work in groups to build Hula Huts and then carefully climb inside through the door, window and even the roof, and some groups tried to see how many people could fit inside!

After the festivals, it is hoped that pupils will continue hula hooping and playing hula hoop games on the school playground, increasing levels of daily physical activity.

Sports Leaders

Leadership skills are an important part of the PE offer. Skills learnt through sports leadership are readily transferred to success across the curriculum at school, and into the workplace later on. Pupils with leadership experience are often more confident, more ambitious, active and employable. To reflect this, schools are offered training for sports leaders in upper KS2, as well as opportunities for their pupils to act as sports leaders at our sports festivals. This term, a group of pupils in all 8 schools were trained to lead our Y2 Playground Games festivals, and pupils at **Beaconhill, Cragside, Eastlea, Hareside,** and **Northburn** received additional leadership training. In the sessions, they are taught how to organise games for a group of younger children and they learn a number of activities that are suitable for the playground. After their training, Sports Leaders are often engaged in leading playground activities and helping with sporting activities for pupils across the school.

Professional Development

Sport Premium funding is being used to provide high quality professional development opportunities for teachers and school staff, to support the delivery of high quality PE and School Sport in our primary schools both now and in the future.

This year, staff have opportunity to develop the teaching of dance by working with Cheryl Day of Creative Dance North East, and this term we held a professional development session in the basics of teaching dance for these staff, as well as the curriculum support programme starting with the Y5 classes at Cragside Cof E Primary School.

Teachers at Cramlington Village Primary School have worked with coaches from Cramlington Rockets in PE lessons. Gill Smith of Cramlington SSP is supporting schools in the delivery of gymnastics within PE lessons, working this term with Shanklea and Cramlington Village. Finally, pupils and staff at Eastlea, Northburn and Shanklea have benefitted from working on football and fundamental skills with Simon Harris from FA Skills.

Thunder In The Valley

In November, Y5&6 pupils from **Beaconhill, Burnside, Cragside, Eastlea, Hareside, Northburn** and **Shanklea** competed with the Seaton Valley middle schools for the second "Thunder In The Valley" basketball trophy.

This competition, hosted by Newcastle Eagles Community Foundation, took place on the court at Sport Central before the Newcastle Eagles' game. Many of the schools had prepared for the competition through coaching in PE lessons or extra-curricular clubs, delivered by Newcastle Eagles' community coaches.

From the 18 teams competing, **Northburn,** Seaton Sluice Middle School and Whytrig Middle School progressed from the group stages to the semi-finals. **Northburn** then went on to face Whytrig in the final, which was played on the court at half time in the Eagles' game, infront of 2500 people. The final was decided by just a single basket and saw Whytrig retain the title that they first won last year.

420 pupils, school staff, parents and family members enjoyed the event, with a fantastic evening topped off by Newcastle Eagles beating Sheffield Sharks 100-93.

Cramlington Vikings Basketball Club train on Wednesdays at Sporting Club:
U12 6-7pm U14 7-8pm
U16 8-9pm U18 9-10pm
£3 per session.
For more information contact Taylor Rendles:
01912453881 or
T.Rendles@eaglescommunityfoundation.com

Competition photos by Dave Moore

Level 2 School Games Competitions

Pupils in Key Stage 2 (years 3-6) are involved in a programme of competitive sports at 3 levels:
Level 1: Intra-school competition—competition for all pupils in school, including in PE lessons, extra-curricular clubs, and sports day (School Games Day)
Level 2: Inter-school competition—teams are selected to compete against other schools from Cramlington & Seaton Valley
Level 3: Northumberland School Games—winning teams from each level 2 competition go to compete against other winning teams from across Northumberland.
Through the appropriate use of competitive sport, pupils are encouraged to show the School Games Values: **determination, passion, self-belief, respect, honesty and teamwork.**

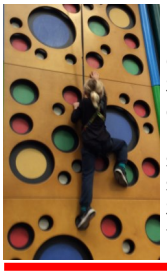
Year 4 Football
In October, teams from **Beaconhill, Cragside, Eastlea, Hareside, Northburn** and **Shanklea** competed alongside Seaton Valley first schools in the first School Games competition of the year. **Cragside** and **Northburn** progressed through to the final, which **Cragside** won, becoming the first Cramlington school to win this competition.

Hoopstarz

This term, every Cramlington primary school has had a Hoopstarz Day with KidzRFit. This programme is designed to promote daily physical activity both at school and at home. Children of all ages had a workshop session in which they learnt how to hula hoop, perform tricks and play fun games. Children could be seen immediately demonstrating their skills and playing the games in the playground. Many of the schools offered the opportunity for pupils to buy a reasonably priced hula hoop of their own to take home and use.

School News

Burnside Primary School started the term with their annual Active Week. As well as including their Hoopstarz Day and Sports Leader training, they also held one day where the whole school were active in sessions led by Northumberland Cricket Board,Creative Dance North East, Cramlington Rockets, Cramlington Community Tennis Programme, KidzRFit, Shape Performance, Arcot Hall Golf Club, Cramlington School Sport Partnership and The Futsal Partnership. Each day during the week started with the whole school enjoying Wake Up Shake Up on the yard, followed by activities such as circus skills and cheerleading. During the week, each year group also had a special trip to try new activities such as skiing, climbing and outdoor and adventurous activities. The week also included a dance talent show and a marathon challenge where they attempted to run the distance from Cramlington to London, but made it all the way to France!



Eastlea Primary School have gone beyond their Bikeability training this term, setting up an after school Bike Club with the support of Clive Eve from Cycle Experience. A group of pupils and staff enjoyed a weekly bike ride around Cramlington, culminating in a trip to Azure Garden Centre, where they enjoyed hot chocolate and meeting their reindeer, before riding back to school with their cycle lights on. All Y5 and Y6 children at Eastlea also faced their first sporting challenge of the year in their sponsored "Bike or Hike". All pupils chose to either cycle or walk from school to Blyth Beach, where they enjoyed fish and chips before the return journey. This event was supported by the school's Governors, Cycle Experience, Veteran Cycle Club and local police.

Beaconhill Primary School have run a morning swimming club at Concordia for their Y6 pupils, to help them to achieve the 25m target before leaving primary school. In this term, an impressive 88% of the pupils who attended achieved 25m.
Well done everyone!

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Basketball Competition photos by Dave Moore

Dates for your Diary

SPRING 1

Friday 19th January – Y5/6 G&T Testing – 3.30-5.30pm, CLV (invite only)
Friday 26th January – Y5/6 G&T Testing – 3.30-5.30pm, CLV (invite only)
Friday 2nd February-Friday 23rd March – Y5/6 Multiskills Academy, 3.30-5.00pm, CLV
(please note, there is no Academy session on 16th February)
Thursday 8th February – School Games Y3/4 Gymnastics, 9.30-12.15pm, Northern Gymnastics Centre

SPRING 2

Thursday 8th March—School Games Y6 Boys' and Y5/6 Girls' Football competitions, 3.30-5.15pm, CLV
Wednesday 14th March – School Games Y6 Netball, 3.30-5.30pm, CLV
Thursday 22nd March—Y5 Skipping Competition, Blyth SC
Thursday 22nd March – School Games Y6 Hockey, 3.30-5.30pm, CLV
Thursday 29th March—School Games Y5 Hockey, 3.30-5.30pm, CLV

PE and Sport Premium Funding

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport offered.
This means that the premium should be used to:

- Develop or add to the PE and sport activities that the school already offers
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

There are 5 key indicators that schools should expect to see improvement across:

- The engagement of all pupils in regular physical activity—the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- The profile of PE and sport is raised across the school as a tool for whole-school improvement
- Increased confidence, knowledge and skills of all staff in teaching PE and sport
- Broader experience of a range of sports and activities offered to all pupils
- Increased participation in competitive sports

Community Links

Cramlington Cricket Club: Cramlington Cricket Club is our local community cricket club with a thriving junior section. Indoor training sessions start in February for U9s and U11s (school years 2 to 6)
For more information contact Paul Bramley: 07885295862 or email brammaz_958@hotmail.com

Move It Community Dance:
As well as offering before and after school extra-curricular dance clubs at some of our schools, Active Northumberland run a range of Move It Community Dance classes throughout the week in Cramlington.

For more information contact Jemma Halliday:
01670 622178 or email
JHalliday@Activenorthumberland.org.uk

Rocket Tots:
The award winning coaches at Cramlington Rockets run Multisport sessions for 2-6 year olds every Saturday morning, 9.00-10.00am at Cramlington Sporting Club. Only £20 for 6 weeks.
To book or for more information, contact Steve on 07984630083 or email rocketscommunity@gmail.com

Cramlington Community Judo Club:
This community Judo club is run by Kevin Pattison, who will be familiar to pupils who have enjoyed a school-based judo club.

Sessions run on Wednesdays,
4.30-5.30pm at Northburn Primary School.
For children aged 8-13
£3 per session.
For more information, contact Kevin:
07415955238