

Physical Education and School Sport at Northburn Primary School

Intent

At Northburn Primary School, we believe Physical Education is fundamental to developing healthy, confident and resilient children. Our aim is to provide a broad, balanced and inclusive PE curriculum that enables every pupil to enjoy being active, develop lifelong healthy habits and achieve their personal best.

We are committed to ensuring every child, regardless of ability, background or need, has access to high-quality PE, extra-curricular activities and competitive sport. Adaptations are made so that pupils with SEND, pupils in our Specialist Support Base (SSB) and disadvantaged pupils can participate fully and experience success alongside their peers.

Our **Primary PE and Sport Premium funding** is used strategically to enhance PE beyond the National Curriculum. This funding provides specialist coaching, additional extra-curricular clubs, inclusive programmes, competitive opportunities, leadership experiences and participation in School Games events, ensuring every pupil benefits from a rich sporting experience.

Implementation

Our progressive PE curriculum is delivered from EYFS to Year 6 and develops pupils' physical competence, knowledge and confidence across games, gymnastics, dance, athletics, outdoor adventurous activities, striking and fielding, net and wall games and swimming.

Alongside curriculum PE, pupils have access to a wide range of extra-curricular clubs, with participation carefully monitored to ensure excellent inclusion of disadvantaged pupils and those with SEND.

Pupils in our Specialist Support Base receive personalised PE programmes delivered with specialist providers including Yoga, Little Movers and Newcastle United Foundation, helping develop movement skills, coordination, confidence and wellbeing.

Northburn is proud to participate in a wide programme of School Games competitions across the Cramlington and Seaton Valley partnership. This year's events included:

- Year 6 Dodgeball Festival (Belong)
- Year 6 Volleyball Festival (Belong)
- Year 3/4 Girls' Football Festival (Belong)
- Year 3/4 Tri-Golf Festival (Develop/Compete)
- Year 5 & 6 Girls' Football Festival (Develop/Compete)
- KS2 Multi-Skills Challenges (Years 3–6)
- Year 5/6 Girls' Central Venue Football League
- Year 5/6 Boys' Central Venue Football League

These opportunities provide appropriate pathways for every pupil, from participation festivals through to regular competitive sport.

Impact

Our PE curriculum has created a culture where participation, inclusion and enjoyment are valued alongside achievement. Pupils develop confidence, resilience, teamwork and leadership while improving their physical competence and understanding of healthy lifestyles.

High levels of participation in clubs, festivals and competitions ensure pupils of all abilities represent Northburn throughout the year. Careful monitoring demonstrates that disadvantaged pupils and pupils with SEND access the same high-quality opportunities as their peers, with personalised provision available where required.

Northburn has built a strong reputation for excellence in Physical Education and School Sport. Our sustained commitment to inclusive practice, high-quality teaching and competitive opportunities has been recognised through our Platinum School Games Mark.

By making effective use of our Primary PE and Sport Premium funding, we continue to provide outstanding opportunities beyond the curriculum, ensuring every child has the chance to participate, compete, lead and develop a lifelong enjoyment of sport and physical activity.

Sustainability Priorities 2026–27

- **Continue to use Primary PE and Sport Premium funding** to provide high-quality, inclusive PE opportunities through specialist coaches from **Newcastle United Foundation, Little Movers** and **Story Yoga**, ensuring pupils with SEND and those requiring additional support continue to access personalised physical activity programmes.
- **Develop staff expertise** through ongoing CPD delivered by **Newcastle United Foundation**, with coaches working alongside school staff during curriculum PE lessons to enhance teaching quality, confidence and the long-term sustainability of high-quality PE provision.
- **Maintain high levels of participation** in the School Games programme by continuing to engage in festivals, competitions and leadership opportunities across the Cramlington and Seaton Valley School Sports Partnership, ensuring pupils of all abilities can participate and represent Northburn.
- **Further strengthen inclusion** by monitoring participation in curriculum PE, extra-curricular clubs and School Games events, identifying barriers that prevent pupils from accessing opportunities and implementing targeted strategies to increase engagement, particularly for disadvantaged pupils and those with SEND.
- **Review and evaluate the impact** of PE and School Sport provision throughout the year to ensure Sport Premium funding continues to deliver sustainable improvements in participation, physical literacy, wellbeing and competitive opportunities for all pupils.